



# 5 Facts About Telehealth



## 1. Will my insurance cover telehealth?

In South Carolina, both Medicaid and Medicare cover telehealth visits. Some private insurers such as Blue Cross Blue Shield of SC and United Healthcare provide coverage for telehealth visits as well. Check with your insurance company to confirm coverage before scheduling a telehealth visit.

## 2. What technology and equipment do I need to have a telehealth visit?

Digital devices with a camera and microphone such as a smartphone, laptop, or tablet can be used for a telehealth visit. Use PCC's checklist to prepare for your telehealth visit <https://www.palmettocareconnections.org/wp-content/uploads/2024/09/Telehealth-Checklist.pdf>. If you need assistance accessing a digital device, check out PCC's Digital Resource Guide online to <https://www.palmettocareconnections.org/technology/digitalliteracy/resourceguides/>

### 3. What are common medical conditions that can be treated using telehealth?

- Convenience:
- Arthritic Pain
- Bladder Infections and UTIs
- Colds and Flu
- Diabetes and Diabetes Prevention
- Follow-Up Conversations
- Hypertension
- Medication Refills
- Mental Health Counseling
- Nutrition Counseling
- Remote Monitoring
- Sinuses and Allergies
- Skin Care
- Sprains and Strains
- Vomiting and Diarrhea

### 4. What if I need to be seen in person?

Contact your healthcare provider to ask if telehealth is a good option for your medical condition.

### 5. Who is offering telehealth services?

Contact your healthcare provider to see if they offer telehealth services, and if a telehealth visit is a good option for your medical condition. To find a telehealth provider in South Carolina, visit PCC's Telehealth Service Map online <https://www.palmettocareconnections.org/telehealth/map/>



## 5 Facts About Telehealth

