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#### **PRESENTER:**



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School-based Telehealth: Impact on Student Health Outcomes

February 26, 11:00AM-12:00PM ET

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# School-Based Telehealth: Impact on Student Health Outcomes

#### Lauren O'Brien, RN, BSN

Community Programs Manager, Little River Medical Center



# **Learning Objectives**

 Describe the implementation and service model of the School-Based Telehealth Program and its impact on student health and educational outcomes.

 Analyze the statistical data on program performance, including consent rates, encounter frequency, cost avoidance, and instructional time saved.



# Little River Medical Center

**Changing Lives and Serving Our Communities** 











#### Telehealth Integration Little River Medical Cer

- Technological Device with audiovisual capabilities
  - Ironbow Telehealth Cart
  - iPad
  - TeleReady Room
- HIPAA compliant modality
  - DOXY
  - Polycom
  - Healow





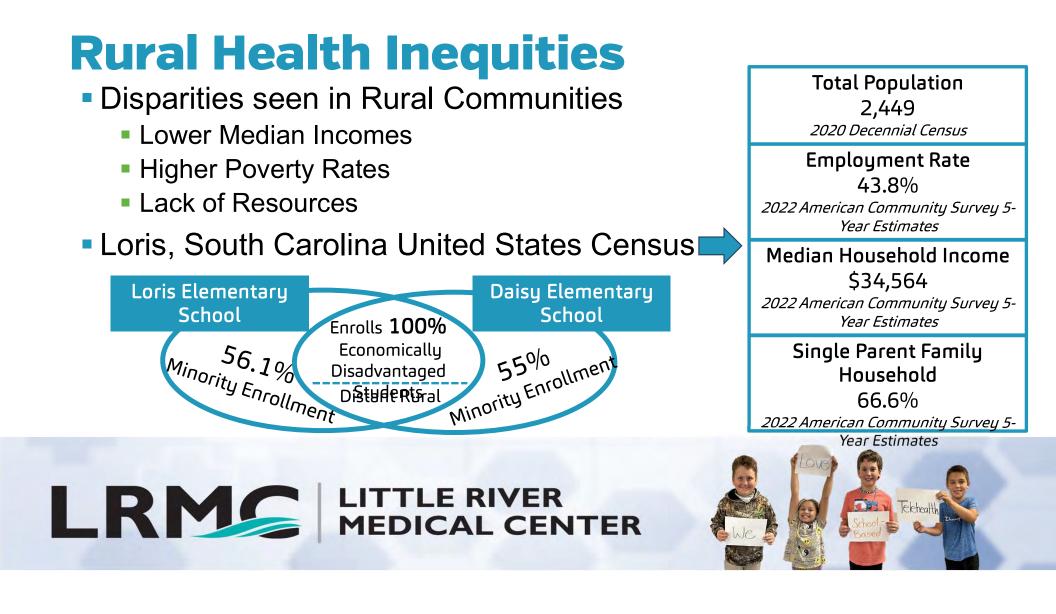




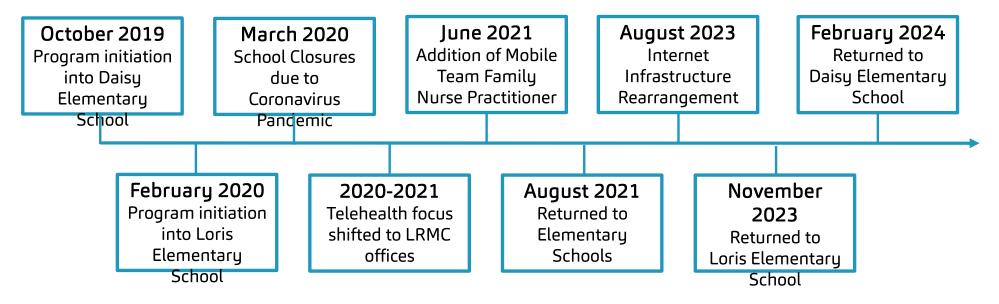






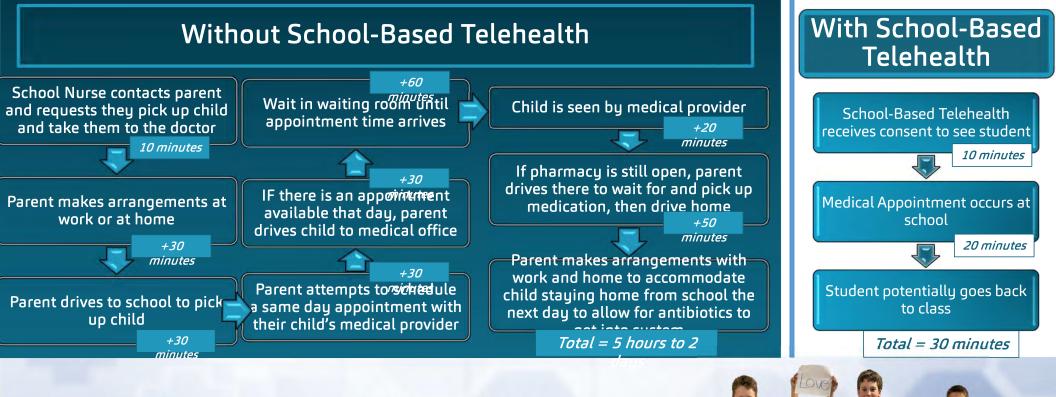


# **Timeline of the School-Based Telehealth Program**





# A Sick Student Presents to the School Nurse...







# **Eligible Conditions**

- Allergic Rhinitis
- Upper Respiratory Infection
- Fever
- Headache
- Sore Throat
- Sinus Congestion
- Minor rash, Wound, or Burn

- Earache
- Urinary Frequency
- Cough
- Lice
- Conjunctivitis
- Asthma



# **Available Tests and Treatments**

- COVID
- Flu
- Strep
- Urinalysis
- Hemoglobin
- Glucose
- Upper Respiratory Culture

- Nebulizer Breathing Treatment
- Earwax Removal
- Medical Administration
  - Acetaminophen
  - Albuterol
  - Diphenhydramine
  - Ibuprofen
  - Ipratropium/Albuterol



## **Case Study**

A student complained of ear pain while in class. Her teacher sent her to the school nurse. The school nurse's assessment led to concerns of a possible ear infection. She called the student's parent. The parent stated that she did not have reliable transportation, and her daughter's pediatrician never has appointments available. The school nurse informed mom that her child could complete a medical appointment within the school. Mom agreed to these services.

I did not have a written consent on file, so I provided mom with a link to our virtual consent form. After receiving the consent back, I collected the patient's vitals and notified an available LRMC provider that we were ready for her to call our telehealth cart.





## **Visit Conclusion**







# **Quantitative Measurements**

- Enrollments
- Completed visits
- Local urgent care cost avoidance
- Local emergency department cost avoidance

- Total amount of clinical tests performed
- Return to class
- Instructional time saved
- Telehealth visit duration



#### **2019-2020 School Year** Quantitative Review

#### 2019-2020 School Year: Enrollment, Encounter, & Benefit Statistics

School	Total Students	New Consents Received	Percentage of New Consents	Total New Encounters	Average Televisit Time (Minutes)	Students Able to Return to Class	Instructional Time Saved (hh:mm)	Urgent Care Cost Avoidance	ER Cost Avoidance
Daisy Elementar y	600	52	8.67%	7	23	1	5:20	\$1,260	\$12,306
Loris Elementar y	869	0	0%	0	0	0	0:00	\$0	\$0
TOTAL	1,469	52	3.54%	7	23	1	5:20	\$1,260	\$12,306





#### **2020-2021 School Year** Quantitative Review



#### School-Based Telehealth Registration. English and Español Version

Kids shouldn't have to miss school and you shouldn't have to miss work. Los niños no deberían faltar a la escuela y usted no debería faltar al trabajo.

START / COMIENZO  $\rightarrow$ 





#### **2021-2022 School Year Quantitative Review**

#### 2021-2022 School Year: Enrollment, Encounter, & Benefit Statistics

School	Total Student s	_	Percentag e of New Consents	Active	Percentag e of Active Consents			Average Televisit Time (Minutes)		Instructiona l Time Saved (hh:mm)	Urgent Care Cost Avoidance	ER Cost Avoidance
Daisy Elementar y	591	62	10.49%	83	14.04%	114	25	18	11	30:27	\$4,500	\$43,950
Loris Elementar Y	797	153	19.20%	146	18.32%	153	116	19	61	226:05	\$20,880	\$203,928
TOTAL	1,388	215	15.48%	229	17.11%	267	141	19	72	256:32	\$25,380	\$247,878





#### **2022-2023 School Year** Quantitative Review

#### 2022-2023 School Year: Enrollment, Encounter, & Benefit Statistics

School	Total Students	Consents	Percentag e of New Consents	Active	Percentag e of Active Consents	S	Total New Encounter s	Time	Able to	Instruction al Time Saved (hh:mm)	Urdent	ER Cost Avoidance
Daisy Elementa ry	636	80	12.58%	133	20.91%	202	51	18	22	59:09	\$11,883	\$89,658
Loris Elementa ry	791	83	10.49%	194	24.53%	236	129	16	48	158:29	\$30,057	\$226,782
TOTAL	1,427	163	11.42%	327	22.92%	438	180	17	70	217:33	\$41,940	\$316,440





#### **2023-2024 School Year** Quantitative Review

#### 2023-2024 School Year: Enrollment, Encounter, & Benefit Statistics

School	Total Student s	S	Percentag e of New Consents	Active	Percentag e of Active Consents	Consents	c		Able to Return to	Instruction al Time Saved (hh:mm)	Urgent Care Cost Avoidance	
Daisy Elementa ry	629	38	6.04%	131	20.83%	241	9	17	2	1:54	\$2,097	\$15,822
Loris Elementa ry	790	71	8.99%	213	26.96%	307	86	17	32	89:18:00	\$20,038	\$151,188
TOTAL	1,419	109	7.69%	344	24.24%	548	95	17	34	91:12:00	\$22,135	\$167,010

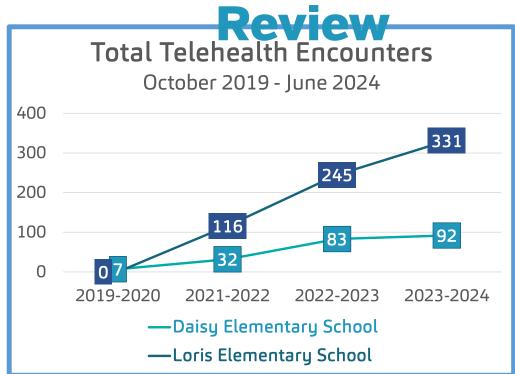








# **Cumulative Quantitative**



- Telehealth visit 17 minutes
- 605 clinical tests
  - 124 positives

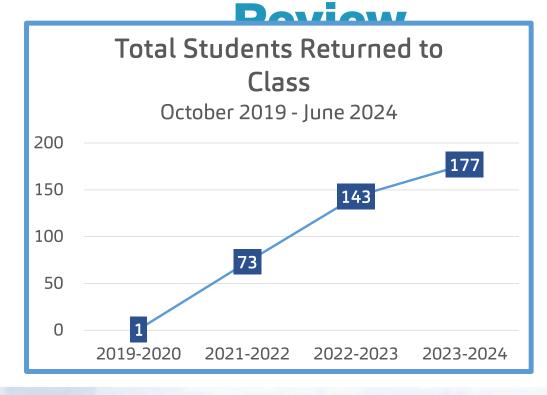








# **Cumulative Quantitative**







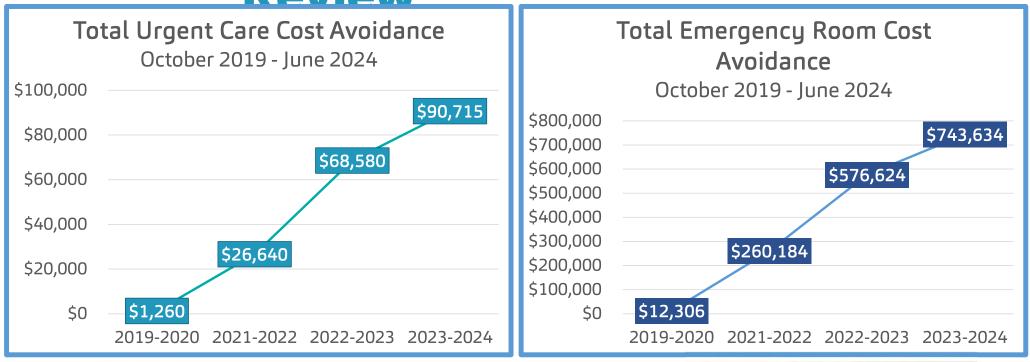








#### Cumulative Quantitative Review





"It has been very beneficial having telehealth here in the school. Pediatric offices are full and overwhelmed and not able to see children in a reasonable time. Having telehealth in the schools has **enabled children to get care when otherwise they would've not**."

-Arland Blackburn, RN





"I think the School-Based Telehealth Team does a wonderful job. The children get seen sooner when they're sick instead of waiting for appointments."

-Beth Long, RN



"Many students were **able to go right back to class** after the Telehealth provider determined that they were not contagious. Those students could have missed multiple days of school if it weren't for the Telehealth services in the school."

-Gail Cox, RN



"As a mom, Telehealth in the schools is such a huge asset. When you have a sick child, there can be a lot of running around and waiting, Telehealth completely takes that away and ensures your child is seen as soon as possible. This also means **faster treatment for a sick child**. In addition, it allows **parents to stay at work longer**, while still ensuring that their child is receiving medical care. From what I have witnessed, Telehealth has been very beneficial in **keeping kids at school that can stay**, while ensuring that sick children who are going home will already have a treatment plan in place. I would like to add that many children fall through the cracks, as they may go home and never be taken to see a doctor. For these children, Telehealth has been instrumental in getting them well."



"School-Based Telehealth is an awesome thing to have at schools. It benefited my daughter and I by **not having to miss the day from school and work to go somewhere else to be seen**. Nurse Lauren & Wendy Mote are both very great with children & they made sure my daughter was 100% well."



"I was able to get a COVID test for my child right away instead of waiting five or more days for the results to come back. Right after testing negative, he was able to finish his school day and I was able to stay at work."





"I have had many parents express their gratitude regarding the ability to complete a medical appointment within the safety and familiarity of their child's school. Many parents admitted they did not have the resources to provide their child with a medical visit outside of the school due to not having reliable transportation, or the ability to miss any more time off work."



"The program helps with attendance due to getting excuses back quickly instead of having to wait days for providers to provide an excuse for absences."



#### Convenience





- Convenience
- Increased Access to Medical Care





- Convenience
- Increased Access to Medical Care
- Decreased Absences





- Convenience
- Increased Access to Medical Care
- Decreased Absences
- Faster Diagnosis and Treatment





#### Collaborative Care







- Collaborative Care
- Continuity of Care





- Collaborative Care
- Continuity of Care
- Health Education and Illness Prevention





# **Next Steps**

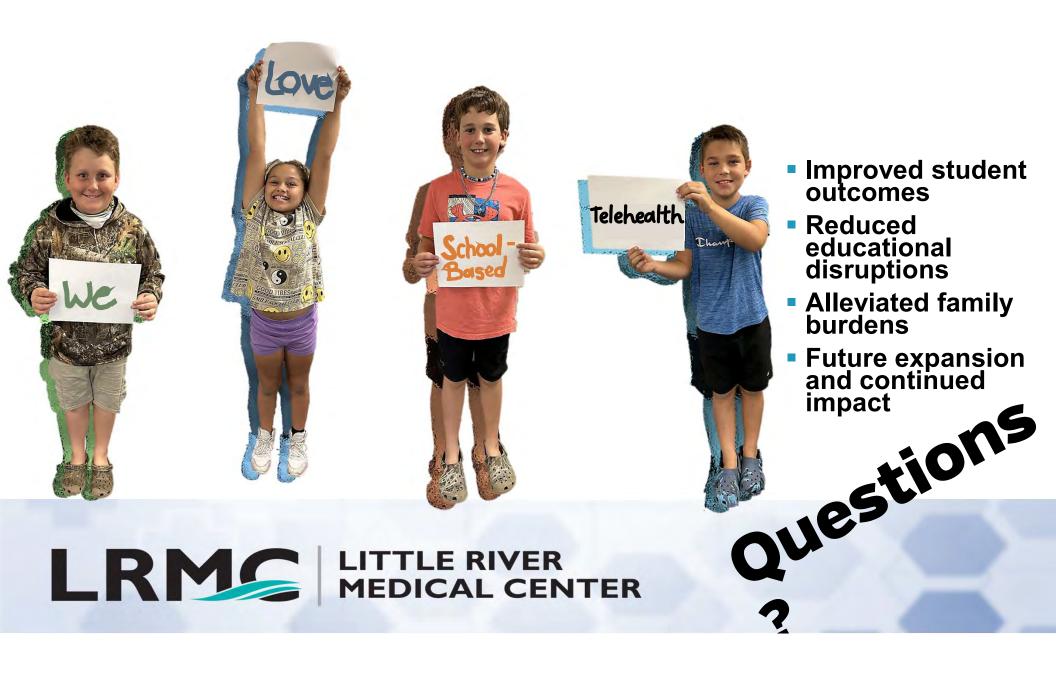
- Education
  - Annual class
  - Wellness night
- Program Expansion
- Feedback System
- Mobile Team











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- 15. Romero, Rainee. "Living Local Carolina: Little River Medical Center Offers School-Based Telehealth." WBTW, 29 Oct. 2021, www.wbtw.com/living-local/living-local-carolina-little-river-medical-center-offers-school-based-telehealth/. Slide 33 image of Lauren O'Brien and Jackie Glassmyer from Living Local segment.





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