

Lessons Learned: Implementing Remote Wound Monitoring to Enhance Surgical Care

March 23, 1pm-2pm EST



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Presenter:

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Medical University of South Carolina

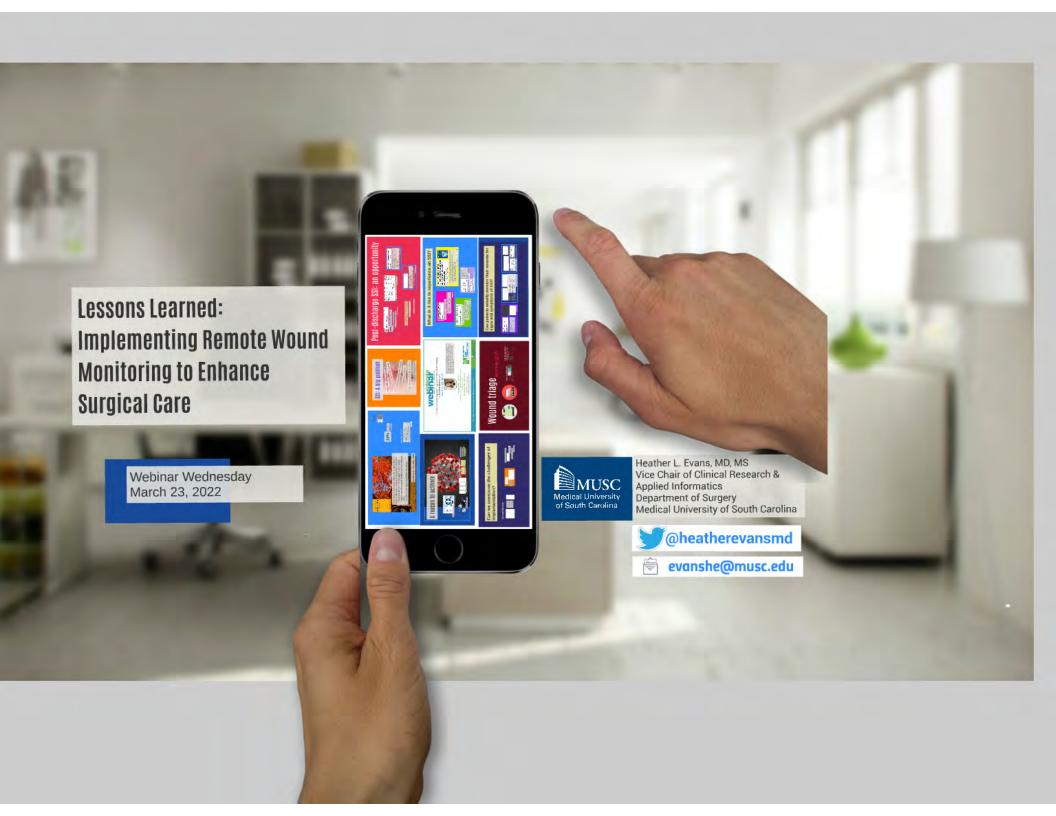
This webinar is being recorded.

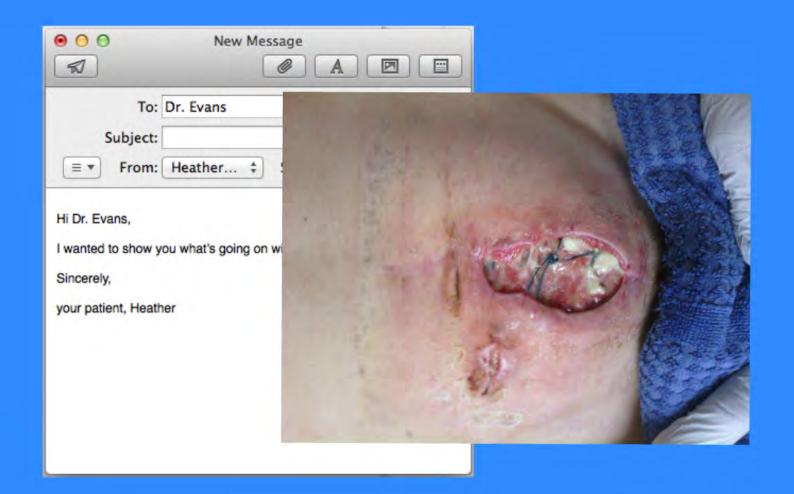
The webinar recording and presentation will be available after the webinar.



Palmetto Care Connections | www.palmettocareconnections.org







OVERVIEW

Discuss the problem of surgical site infection and the unmet needs of surgical patients after hospital discharge

Review several solutions for post-discharge wound monitoring with telehealth

Explore the challenges of implementation of a remote patient monitoring program

Consider factors associated with program satisfaction, convenience and sustainability

SSI: A big problem

>300,000 seen annually

2-11 times risk of death

7-10 eytran

2-11 times risk of

7-10 extra days in the hospital

\$20K per infection

Est. annual cost \$3-10 billion

Anderson et al Infect Control Hosp Epi 2008 Zimlichman et al JAMA Intern Med 2013

I wanted to Sincerely, your patier

10%

National rate of SSI following elective colon surgery, according to the American College of Surgeons National Surgical Quality Improvement Program (ACS NSQIP)

*some discrepency when compared to NHSN data



RCT of evidence-bo • Rates of superf RCT of silver nylon • 33% (control) ve

RCT of ertopenem

• 26.2% (cefotet

RCT of wound pro

91/369 (24.7)



Case series of elective colorectal surgery from a single colorectal surgeon at academic institution

- SSI rate 45/176 (25%) cases over 2 years
- higher rate than usual institutional surveillance (9%)
- 22 (45%) SSI diagnosed after discharge

Smith et al. Ann Surg 2004

True Rate of SSI??

RCT of evidence-based bundle for preventing SSI

Rates of superficial/deep SSI 45% vs. 24% (control)

RCT of silver nylon in preventing SSI following colorectal surgery

• 33% (control) vs. 13%

RCT of ertapenem versus cefotetan prophylaxis in elective colorectal surgery

• 26.2% (cefotetan) vs. 17.1% (ertapenem) SSI

RCT of wound protector in emergent and elective laparotomy

- 184 patients experienced surgical site infection within 30 days of surgery
- 91/369 (24.7%) in device group vs. 93/366 (25.4%) control group

Anthony et al. Arch Surg 2011 Kreiger et al. Dis Colon Rectum 2011 Itani et al. NEJM 2006 Pinkney et al. BMJ 2013



Discharge after discharge: predicting surgical site infections after patients leave hospital

N. Daneman a,b,d,*, H. Lud, D.A. Redelmeier a,c,d

Sunnybrook Health Sciences Centre, 2075 Bayview Avenue, Toronto, Ontario M4N 3M5, Canada

Division of Infectious Diseases, Department of Medicine, University of Toronto, Toronto, Ontario, Canada

Division of General Internal Medicine, Department of Medicine, University of Toronto, Toronto, Ontario, Canada

Institute for Clinical Evaluative Sciences, Toronto, Ontario, Canada

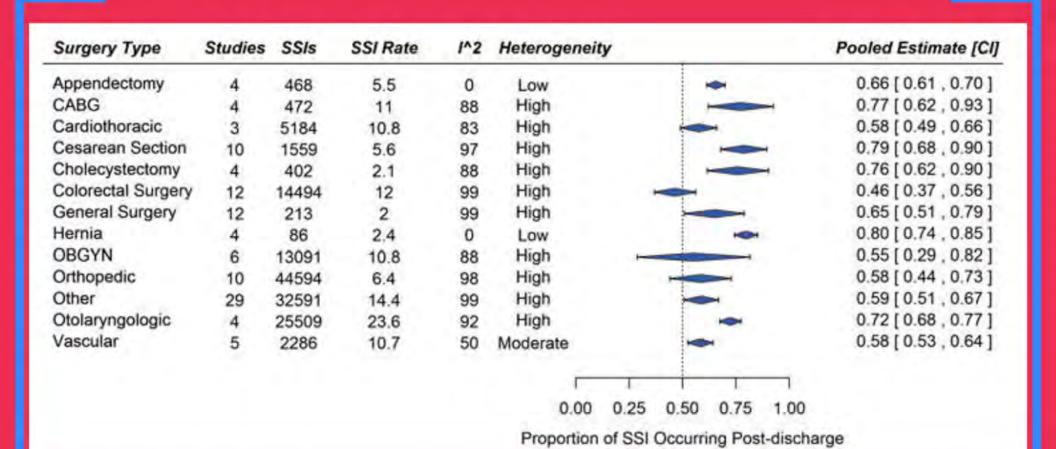
58%

of all SSIs occurred AFTER hospital discharge AND Post-discharge SSIs complicated more than one in 12 elective surgical procedures overall

26% of post-discharge SSIs were diagnosed in the ER

Many of the return emergency department visits occurred at a different hospital (3575/11253, 32%)

Daneman et al. J Hosp Infect 2010



Rate of SSI 9.5%, with 60.1% discovered post-discharge

Woelber et al, Surg Infect 2016

Original Investigation

Underlying Reasons Associated With Hospital Readmission Following Surgery in the United States

Ryan P. Merkow, MD, MS; Mila H. Ju, MD, MS; Jeanette W. Chung, PhD; Bruce L. Hall, MD, PhD, MBA; Mark E. Cohen, PhD; Mark V. Williams, MD; Thomas C. Tsai, MD, MPH; Clifford Y. Ko, MD, MS, MSHS; Karl Y. Bilimoria, MD, MS

- Unplanned readmission rate for the 498,875 operations was 5.7%
- Readmission rate ranged from 3.8% for hysterectomy to 14.9% for lower extremity vascular bypass
- Most common reason for unplanned readmission SSI (19.5%)
 - colectomy or proctectomy (25.8%)
 - ventral hernia repair (26.5%)
 - hysterectomy (28.8%)
 - arthroplasty (18.8%)
 - lower extremity vascular bypass (36.4%).

Merkow et al JAMA 2015

Outpatient follow-up versus 30-day readmission among general and vascular surgery patients: A case for redesigning transitional care

- 84% general 75% vascular surgery patients had follow-up visit before readmission or within 30 days of discharge
 - GS not readmitted: 88% had follow-up visit, most at 2 weeks postdischarge (median, 11 days after discharge)
 - Readmitted GS: 49% had follow-up visit, most at 1 week (median, 8 days)
- Most patients readmitted after follow-up within 24 hours of visit

Ideal timing of follow up visit should be re-evaluated

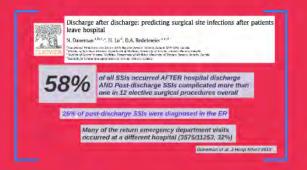
Saunders et al Surgery 2014

"No standardized or reliable method for postdischarge surveillance has been established"

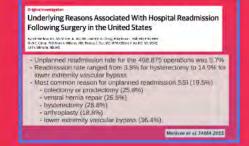
Joint SHEA/IDSA Practice Recommendations October 2008

Anderson et al. Infect Control Hosp Epidemiol 2008

Post-discharge SSI: an opportunity







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What is it like to experience an SSI?

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Patients' experiences of acquiring a deep surgical site infection: An interview study

Qualitative study in Sweden with open-ended face-to-face interviews with 14 patients who developed deep SSI

- · Patients reported pain, isolation, insecurity, worry
- · Difficulty, delay in obtaining diagnosis
- · Feeling of not being taken seriously

· Imperative of early diagnosis and intervention

Patient narratives of surgical site infection: implications for practice

- J. Tanner a, , W. Padley a, S. Davey b, K. Murphy c, B. Brown a
- * Faculty of Health and Life Science, De Montfort University, Leicester, LIK Department of Mursing, University Hospitals of Leicester NHS Trust, Leicester, UK The Patients Association, Harrow, UK

In-home open-ended interviews with 17 patients with superficial or deep SSI after surgery in 3 UK hospitals

- · Failure to recognize SSI, poorly informed
- · Minimizing experience of SSI by staff
- · Self-blame, "bad luck" attribution
- Severe financial impact of SSI on patient

Journal of Hospital Infection 83 (2013) 41-45

Impact of Incisional Surgical Site Infections on Quality of Life and Patient Satisfaction after General Surgery: A **Case Controlled Study**

Published Online: 24 Nov 2021 | https://doi.org/10.1089/sur.2021.033



- A majority (87%) of SSIs were diagnosed after discharge from hospital
- SSI was associated with lower post-operative quality of life scores
 - · less vitality, increased pain, reduction in physical activities
- Patients with SSI reported lower satisfaction
 - quality of information received (p = 0.005)
 - overall experience with surgery (p < 0.001)

Surgical Infections. Dec 2021, 1039-1046.

Patient Perspectives on Post-Discharge Surgical Site Infections: Towards a Patient-Centered Mobile Health Solution

Patrick C. Sanger¹, Andrea Harteler¹, Saigh M. San¹, Chanyi A. L. Annatrony¹, Mark R. Stevart², Rose-J. Lenton¹, William B. Lober², Inastruc L. Commi²

self-efficacy for home wound monitoring is important desire for accessible communication with providers about wound

· tradequare discourge touching re-

13 SSI patients interviewed

summary findings:

wound menitering

"It took a long time to heat, and it open a lot... I fittingly it was normal. stidn's know that other people shifts's have it, didn's have a class. I didn's know till today [follow-up appointment] I had an infection." (P2)

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ters for man mount touch them." (PLS)

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Patients' experiences of acquiring a deep surgical site infection: An interview study

Annette Erichsen Andersson, RN, MSc, a,b Ingrid Bergh, RN, PhD, a,c Jon Karlsson, MD, PhD, d,c and Kerstin Nilsson, RN, PhD, C, Göteborg and Skövde, Sweden

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American Journal of Infection Control November 2010

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^a Faculty of Health and Life Science, De Montfort University, Leicester, UK

b Department of Nursing, University Hospitals of Leicester NHS Trust, Leicester, UK

The Patients Association, Harrow, UK

RESEARCH ARTICLE

Patient Perspectives on Post-Discharge Surgical Site Infections: Towards a Patient-Centered Mobile Health Solution

Patrick C. Sanger^{1*}, Andrea Hartzler², Sarah M. Han³, Cheryl A. L. Armstrong³, Mark R. Stewart⁴, Ross J. Lordon¹, William B. Lober⁴, Heather L. Evans³

1. Department of Biomedical Informatics & Medical Education, University of Washington, Seattle, Washington, United States of America, 2. Group Health Research Institute, Group Health Cooperative, Seattle, Washington, United States of America, 3. Department of Surgery, University of Washington, Seattle, Washington, United States of America, 4. Department of Biobehavioral Nursing and Health Systems, University of Washington, Seattle, Washington, United States of America

13 SSI patients interviewed 3 summary findings:

- inadequate discharge teaching re: wound monitoring
- self-efficacy for home wound monitoring is important
- desire for accessible communication with providers about wound concerns

"It took a long time to heal, and it oozed a lot... I thought it was normal... I didn't know that other people didn't have it, didn't have a clue. I didn't know till today [follow-up appointment] I had an infection." (P2)

"Noticed it [infection] on Sunday, waited because I didn't want to have to go to the ER until I could talk to a nurse ... I called the number and then I got put on hold and then run through like three different people before I finally got to a nurse." (P6)

"I contacted them and they said well, you have an appointment here in a few days. Let's just wait it out and see... I felt a little put off. Like their sense of urgency for me wasn't really there." (P13)

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Alexander Hart, Chris Furkert, Kari Clifford, and John Campbell Woodfield

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Can patients reliably monitor their wounds for signs and symptoms of SSI?

Surgical site infection: comparing surgeon versus patient self-report

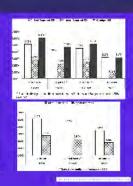
Julius Cxong Piters, MD, PRD, "* Mellinfa J. Askton, MD, Christo Kimata, PhD, MPH, MEA, Della M. Lin, MD, MS, and Seas R. Nakamato, RD^{2,8}

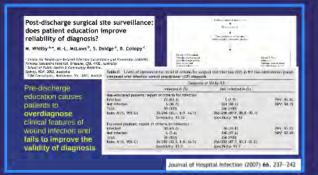
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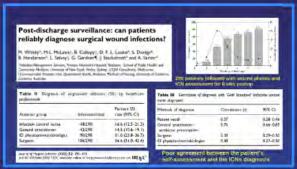
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- Retrospective surveillance program with monthly review
- CDC/NSQIP definitions
 96% concordance between surgeons and
- patients
 Cases with discordance; superficial SSI, BMI
 >30, c-section

10 years later, patients still recall more infections







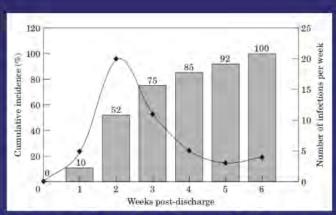
Post-discharge surveillance: can patients reliably diagnose surgical wound infections?

M. Whitby*, M-L. McLaws†, B. Collopy‡, D. F. L. Looke*, S. Doidge*, B. Henderson*, L. Selvey§, G. Gardner¶, J. Stackelroth* and A. Sartor*

Table II Diagnosis of surgical-site infection (SSI) by healthcare professionals

Assessor group	Infections/total	Percent SSI rate (95% CI)
Infection control nurse	48/290	16.6 (12.5-21.3)
General practitioner	42/290	14.5 (10.6-19.1)
ID physician/microbiologist	90/290	31.0 (25.8-36.7)
Surgeon	106/290	36.6 (31.0-42.4)

Journal of Hospital Infection (2002) 52: 155–160 doi:10.1053/jhin.2002.1275, available online at http://www.idealibrary.com on IDE 10.1053/jhin.2002.1275 available on idealibrary.com on idealibrary.com on idealibrary.com on idealibrary.com on idealibrary.com on idealibrary.c



290 patients followed with wound photos and ICN assessment for 6 wks postop

Table III Correlation of diagnosis with 'Gold Standard' (infection control nurse diagnosis)

Methods of diagnosis	Correlation (r)	95% CI
Patient recall	0.37	0.28-0.46
General practitioner antibiotic prescription	0.76	0.66-0.87
Surgeon	0.39	0.29-0.50
ID physician/microbiologist	0.38	0.27-0.50

Poor agreement between the patient's self-assessment and the ICNs diagnosis

^{*}Infection Management Services, Princess Alexandra Hospital, Brisbane; †School of Public Health and Community Medicine, University of New South Wales, Sydney; ‡CQM Consultants, Melbourne; §Communicable Diseases Unit, Queensland Health, Brisbane; ¶School of Nursing, University of Canberra, Canberra, Australia

Post-discharge surgical site surveillance: does patient education improve reliability of diagnosis?

M. Whitby a,*, M.-L. McLaws b, S. Doidge a, B. Collopy c

Pre-discharge
education causes
patients to
overdiagnose
clinical features of
wound infection and
fails to improve the
validity of diagnosis

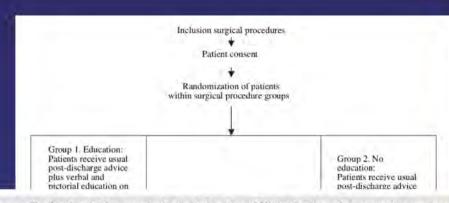


Table II Levels of agreement for recall of criteria for surgical site infection (SSI) in the two intervention groups compared with infection control practitioner (ICP) diagnosis

	Diagnosis of SSI by ICP		
	Infected N (%)	Not infected N (%)	
Non-educated patients:	report of criteria for infection		- STATE OF
Infected	25 (83.3)	5 (1.9)	PPV: 83.3%
Not infected	5 (16.7)	261 (98.1)	NPV: 98.1%
Total	30 (100)	266 (100)	
Rate, N (%, 95% CI)	30/296 (10.1, 6.9-14.1)	266/296 (89.9, 85.8-93.1)	
Action of Action	Sensitivity: 83.3%	Specificity: 98.1%	
Educated patients: repo	rt of criteria for infection		
Infected	30 (65.2)	16 (34.8)	PPV: 65.2%
Not infected	6 (2.4)	240 (97.6)	NPV: 97.6%
Total	36 (100)	256 (100)	
Rate, N (%, 95% CI)	36/292 (12.3, 8.8-16.7)	256/292 (87.7, 83.3-91.2)	
	Sensitivity: 83.3	Specificity: 93.7	

Journal of Hospital Infection (2007) 66, 237-242

^a Centre for Healthcare Related Infection Surveillance and Prevention (CHRISP), Princess Alexandra Hospital, Brisbane, Qld, 4102, Australia

^b School of Public Health & Community Medicine, Sydney, NSW, 2052, Australia

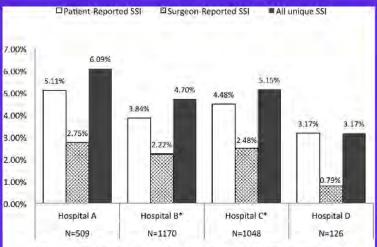
^c CQM Consultants, Melbourne, Vic, 3001, Austral

Surgical site infection: comparing surgeon versus patient self-report

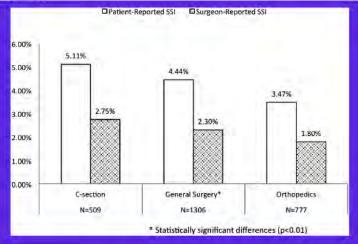
Julius Cuong Pham, MD, PhD, a, Melinda J. Ashton, MD, Chieko Kimata, PhD, MPH, MBA, Della M. Lin, MD, MS, and Beau K. Nakamoto, MD^{d,e}

- Retrospective surveillance program with monthly review
- · CDC/NSQIP definitions
- 96% concordance between surgeons and patients
- Cases with discordance: superficial SSI, BMI >30, c-section

10 years later, patients still recall more infections



* Statistically significant differences between Patients and Surgeons reported SSIs (p<0.05)



Department of Anesthesia and Critical Care Medicine, Armstrong Institute for Patient Safety and Quality, Johns Hopkins University School of Medicine; Baltimore, Maryland

b Department of Patient Safety and Quality, Hawaii Pacific Health, Honolulu, Hawaii

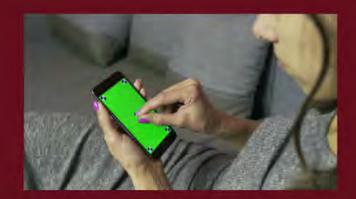
[&]quot;Hawaii Safer Care SUSP, Honolulu, Hawaii

d Department of Patient Safety and Quality, Straub Clinic and Hospital, Honolulu, Hawaii

Department of Neurology, Straub Clinic and Hospital, Honolulu, Hawaii

Using PGHD in post-discharge post-operative care is hard

Patient-centered care in a Provider-centered world. sanger et al 2015



engagement level modified by patient preference prescribe? lack of use may be appropriate for most caregivers have smartphones too, can be partners



the clinic wasn't built with apps in mind need to plan how remote engagement happens multiple engagement pathways need linkage



PGHD datastreams don't fit existing workflow need local technology champions/partners who also understand the clinical problem



A patient-centered system in a providercentered world: challenges of incorporating post-discharge wound data into practice

Sanger PC, et al. J Am Med Inform Assoc 2016;23:514-525, doi:10.1093/jamia/ocv183, Research and Applications

- Provide context and "metadata" to supplement PGHD
- Patients want flexibility of input; providers don't

Data Transfer

- actionable data in an accessible way
- Prioritization and response times
- Power, responsibility, and reliability

Review/Document

Build on existing sociotechnical systems

Data Capture

9 Process transparency allows better decision-making

Patients prefer

routine use;

providers prefer

"as necessary" use

Patients like

e-messaging and

(mistakenly) think

providers do too

- **Overall process**
- Provider goal is triage; patient goal is diagnosis

Text messaging is a great example, because I don't want to interrupt someone if they're in the middle of something

I've had patients text me.

I think it's totally disruptive. It's impossible to communicate in an adequate fashion for both them and for me. I don't want that kind of access with patients.

n in a provideres of incorporating ta into practice

3/jamia/ocv183, Research and Applications

Provide context and "metadata" to supplement PGHD

Patients want flexibility of input; providers don't

Patients prefer routine use; providers prefer "as necessary" use

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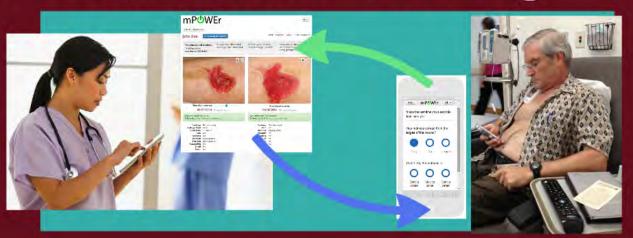
actionable data in an accessible way

Prioritization and response times

Power, responsibility, and reliability

Remote Wound Monitoring

- patient generates
 - survey responses
 - images
 - biometric data
- · enhances decision making, documentation
- feedback loop required



JAMA Surgery | Original Investigation

Effect of Home Monitoring via Mobile App on the Number of In-Person Visits Following Ambulatory Surgery A Randomized Clinical Trial

Kathleen A. Armstrong, MD, MSc; Peter C. Coyte, PhD, MA; Mitchell Brown, MD, MEd; Brett Beber, MD; John L. Semple, MD, MSc

JAMA Surg. 2017;152(7):622-627.

8 month RCT of mHealth app for post-op follow up vs usual care after ambulatory breast reconstruction surgery **Primary end point:** number of in-person follow-up visits during the first 30 days after the operation **Secondary end points:** number of contacts to health care professionals, patient-reported convenience and satisfaction scores, and rates of complications



0.40 times fewer in-person visits (95% CI, 0.24-0.66; P < .001) no difference in satisfaction scores (IRR, 0.95; 95% CI, 0.76-1.20; P = .70) higher convenience scores (IRR, 1.39; 95% CI, 1.09-1.77; P = .008)

QoC Health

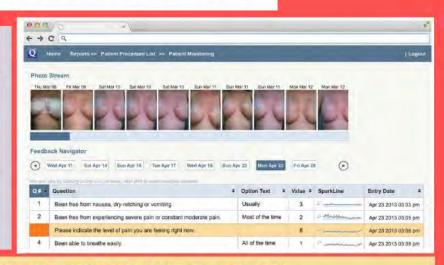
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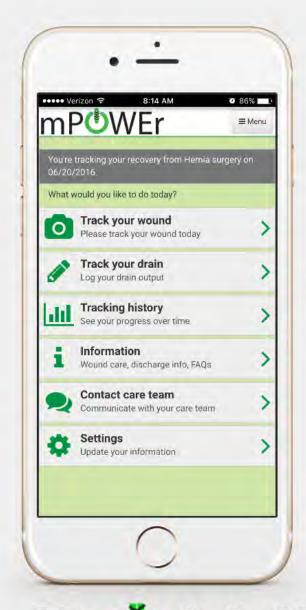
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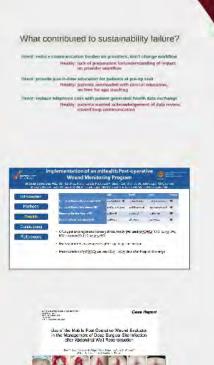
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mP**OWE**r

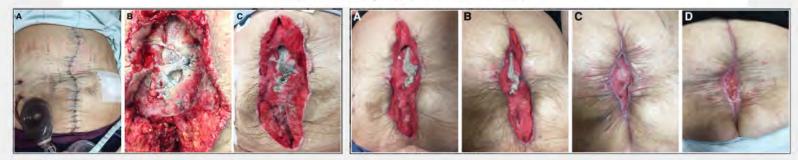
SURGICAL INFECTIONS CASE REPORTS Volume 2.1, 2017 Mary Ann Liebert, Inc. Pp. 80-84

Case Report

DOI: 10.1089/crsi.2017.0022

Use of the Mobile Post-Operative Wound Evaluator in the Management of Deep Surgical Site Infection after Abdominal Wall Reconstruction

Ravi F. Sood, Andrew S. Wright, Heidi Nilsen, JoAnne D. Whitney, William B. Lober, and Heather L. Evans



- active surveillance after hospital discharge, rapid identification of SSI
- remote evaluation of wound healing during antimicrobial treatment
- reassurance to patient and avoidance of return visits



Implementation of an mHealth Post-operative Wound Monitoring Program



Shah-Jahan Dodwad MS4, Ben Hart MS4, Ross J. Lordon MS, Cassie Anderson CST, Brian Do BS, Julie Cooper MPA, Connie Miksch LPN, JoAnne D. Whitney PhD RN, William B. Lober MD MS, Heather L. Evans MD MS, and Paul Szotek MD

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Methods

Results

Conclusions

References

	CRS	NWH	IHC	P value
Number of Sessions [total (mean ± SD)]	244 (11.62±17.38)	79 (4.16±2.91)	329 (11.34±9.50)	NS
Number of Photos [total (mean ± SD)]	406 (19.33±33.71)	128 (6.74±5.01)	421 (14.52±13.28)	NS
Photos per Session (mean ± SD)	1.48±1.78	1.92±1.26	1.38±0.79	NS
Duration of Use (mean days ± SD)	32.6±19.5	28.5±25.9	24.7±19.5	NS

- Of 104 patients registered across 3 clinics, 70 (67.3%) used mPOWEr [CRS=21 (39.6%), NWH=20 (100%), IHC=29 (93.5%)].
- Users submitted an average of 1.56 ± 1.29 images per session
- Mean duration of mPOWEr use was 28.13 ± 22.75 days after hospital discharge

What contributed to sustainability failure?

Intent: reduce communication burden on providers, don't change workflow

Reality: lack of preparation for/understanding of impact on provider workflow

Intent: provide just-in-time education for patients at pre-op visit

Reality: patients overloaded with clinical education, no time for app teaching

Intent: replace telephone calls with patient generated health data exchange

Reality: patients wanted acknowledgement of data review, closed loop communication

Can we overcome the challenges of implementation?

EMR integratation helps







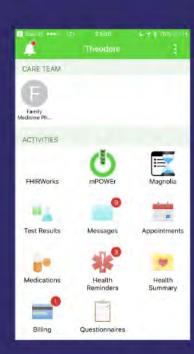




EMR integratation helps



Security
Usability
Scability



Who is going to manage the process change?

RESEARCH

Open Access

CrossMark

Operationalizing mHealth to improve patient care: a qualitative implementation science evaluation of the WelTel texting intervention in Canada and Kenya

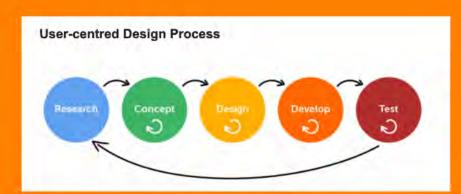
Kevin Louis Bardosh 10, Melanie Murray 234, Antony M. Khaemba5, Kirsten Smillie 2 and Richard Lester 2

moving from mHealth pilots to scale is a difficult, context-specific process

"I am a clinician, I have 30% time for research. I simply don't have the time to chase up the heads of hospitals [to negotiate scale-up]."

Developing an mHealth modification of CFIR

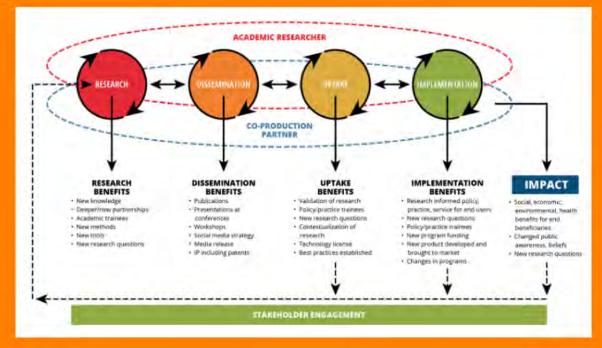
Bardosh et al. Globalization and Health (2017) 13:87 DOI 10.1186/s12992-017-0311-z



mplementation is a part of the intervention

The more complicated the process change, the more important the implementation plan

Implementation Science frameworks as guides for adoption, sustainability

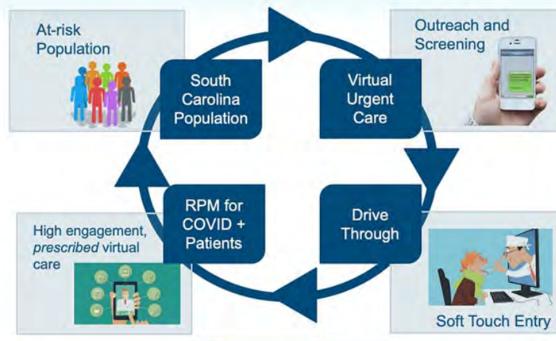




Pandemic Patient Engagement Cycle







Rapid implementation of telehealth care across system

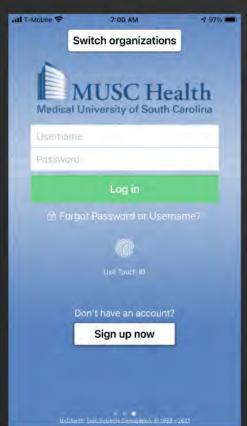
- 70% of all ambulatory visits by telehealth at peak
- >900 patients monitored at home for COVID sx

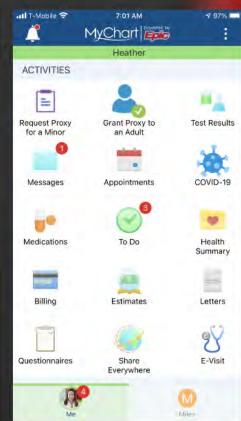


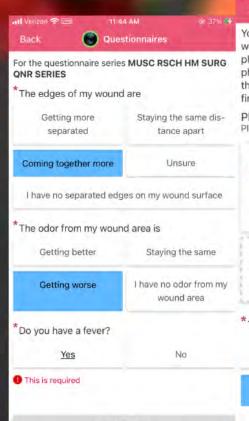
https://web.musc.edu/about/news-center/2020/10/20/remote-monitoring-program-brings-peace-of-mind-to-covid-patients-at-home https://web.musc.edu/about/news-center/2020/09/10/telehealth-covid19-response

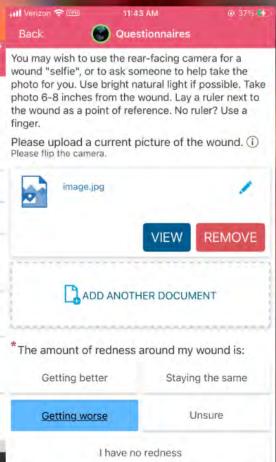


Post-operative remote wound triage at scale









leveraging institutionally accepted datastreams

What did the patients think?

What did the clinicians think?

Helpful: "...that there is somebody there."
"not having to make a trip to a doctor
to get it checked"

Improved wound care education

Survey prompts kept me aware of what to look for

Suggest "maybe receiving an email that the photos we sent were received."

Did not significantly affect workflow

Educating patients about MyChart was a little cumbersome

Communication workflow was sometimes difficult

Seemed like double work, patients still contacted us directly (clinic nurse)

I think it's allowed patients to be more empowered in their care (clinic PA)

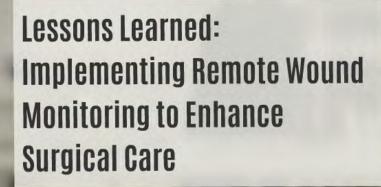
Lessons learned: innovation to implementation

Focus on an unmet need, gap in usual care

Build on what already works, use what you have

Move when and where change is acceptable

Iterative development never ends



Webinar Wednesday March 23, 2022





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